# **Staunton & Corse Surgery Patient Group Newsletter**

## No 43 Autumn 2017 (<u>www.stauntonsurgery.co.uk</u>)

Editor David Bubb (bubb3da@btinternet.com)

## **Surgery News**

#### **Minor Injuries**

Patients suffering from a minor injury (burn, cuts, bruising, foreign object in eyes, and any trauma to body or accidental injury requiring treatment) should attend a Minor Injuries Unit instead of coming to the surgery. The nearest units to this practice are:-

Gloucestershire Royal Hospital Accident & Emergency Department Gloucester Medical Access Centre Tewkesbury Community Hospital Ledbury Community Health Centre



### **Flu Clinics**

Although you may have seen a local leaflet advertising flu clinics at the village hall on Saturday 21 October 2017, this information is incorrect. At present we have booked the village hall for the afternoon on **Thursday 5 October 2017 only** and wish to invite all eligible patients to attend between **1:30pm and 6:00pm**. We are hoping that the later finish will allow time for the working population to attend too. In previous years many patients have arrived long before the clinic starting time which causes a real problem with car parking and space in the hall. Please will all patients attending consider coming later in the afternoon to alleviate the huge demand we experience in the first hour.

Patients unable to attend this clinic should refer to our website for future updates on when the vaccine can be obtained at www.stauntonsurgery.co.uk

## **Surgery Closure Dates For Staff Training**

We occasionally close the practice for the afternoon so all our staff can attend mandatory training sessions. We wish to inform patients that we intend to close from 12:00 noon on Tuesday 17 October.

## **Rachel Jacques**

After working here for 14 years Rachel Jacques, our Nurse Practitioner, has officially retired from the practice. She has been a real asset to the surgery during this time as both a nurse practitioner and respiratory nurse. She will be missed and we wish her great happiness in the future.

## Social Prescribing Service in the Forest of Dean

Social Prescribing is intended to complement statutory health services by looking at the type of non-medical issues that have an impact on people's mental and physical health and wellbeing.

The service is currently open to people who are registered with a Gloucestershire surgery within the Forest of Dean. People can be referred by their GP, by other surgery based healthcare professionals such as practice nurses, health visitors and mental health nurses, and by healthcare professionals based at the Integrated Community Teams and local Community Hospitals.

We work closely with local GPs throughout the district and facilitators usually meet with people at their own GP's surgery, although we do make occasional home visits or meet people elsewhere when appropriate e.g. community venues, village halls, libraries and pharmacies.

#### Some of the issues we might be able to assist people with include:

- •Mental health/emotional health and well-being
- •Severe loneliness or isolation, lack of social network or peer support
- •Misuse of drugs, alcohol or other harmful behaviours
- •Housing, transport and/or other environment related issues
- •Physical health, diet and exercise
- •Caring duties and responsibilities
- •Benefits, debt and other financial issues
- •Employment support, finding work or volunteering

Working closely with individuals we aim to help signpost people to the moservices or organisations for their needs, offering regular reviews and takin person's concerns. We also provide feedback to the referring GP/health pro



#### To work with the social prescribing team people must:

- •Be referred by their GP or other healthcare professional
- •Be a patient within a Forest of Dean GP Surgery (Gloucestershire CCG)
- •Be aged 18 or over

For further information call Call the Social Prescribing Team on 01594 812447 or go to <a href="http://www.fdean.gov.uk/residents/health-leisure/social-prescribing/">http://www.fdean.gov.uk/residents/health-leisure/social-prescribing/</a>

## How I was treated by our NHS

The NHS gets knocked daily left, right and centre by the media and by those who expect everything to be perfect from an overstretched system. But what about our <u>own surgery</u> and <u>Gloucestershire Hospitals</u> <u>NHS Foundation Trust</u>? Here's my example of what **WE** get.

I phoned our surgery a few days before Christmas for an appointment – not an emergency but soon if possible then to cut a long story short in the next SIX weeks plus a couple of days for Christmas, I saw our own doctor, was seen by three consultants, had an operation and was back home feeling very well. I am now seeing the consultant himself, who did the operation, every three months plus scans. There have been no hiccoughs at all during this period.

I can't fault <u>our surgery</u> or the <u>Gloucestershire Hospitls NHS Foundation Trust.</u> - Personal experience of the editor.

#### **Patient group Contacts**

01452 700882	Hartpury
01452 840200	Corse
01452 780243	Tirley
01452 840391	Corse
01452 849535	Corse
01452 840168	Staunton
01531 650321	Redmarley
01452 849208	Corse
01452 527571	Maisemore
	01452 840200 01452 780243 01452 840391 01452 849535 01452 840168 01531 650321 01452 849208

#### **Contact Us:**

If you have any suggestions about how our practice might improve patient services, you can pass these to the PPG for consideration. Either drop a note in our Suggestion Box which is situated in the foyer at the surgery or send an email to us at <a href="mailto:sandc.ppg@nhs.net">sandc.ppg@nhs.net</a>

E-Newsletter: If you would like to receive our newsletter by email, please let us know at sandc.ppg@nhs.net